

JEC 2019

ORIENTEERING JUNIOR EUROPEAN CUP
Ardèche - France  **September 27 th to 29 th**

TOM LD
27/09/2019

Roll Call

COUNTRY
Norway
Great Britain
Finland
Sweden
Russia
France
Belgium
Austria
Danemark
Estonia
Slovakia
Czech republic
Portugal
Italy
Switzerland
Slovenia
Germany
Spain
Hungary
Moldavia
USA
Latvia

Review of today's SPRINT Race

Congratulation to all winners today from
Great Britain, Norway, Sweden and Switerzland!!!



Generals Matters

- Please make sure to give the right SIAC number to the right runner.
- Runners renting SIAC Card for the sprint will be running LD and relay with this rented SIAC Card (on normal mode).
- Please remind your runners to take **ID card** to the competition, in case of anti-doping control.

Generals Matters

- Travel to La Croix de Bauzon resort : **1h from Vogüé** (end of travel on a winding road). We (and Google Maps) recommand you to drive on northern route, by Aubenas.
- Final teams composition for the relay has to be given to the organisers no later than **15.00** on the arena :
 - > Please give back the entry form at the read-out tent.
 - > Please write the entry form legibly, using CAPITAL letters.
 - > Please agree on MIX teams composition at that time :
one of the nation with MIX team runners involved writes the team down their entry form. Organisers will make the team themselves otherwise.

Weather Forecast

La Croix de Bauzon is a ski resort. The weather up there will be colder than down in Vogüé : watch out and think about warmer outfit.



LD / General matters

- Distance to pre-start: 1600m and 50m D+ **around 20min walking.**
- There will be a warm-up map.
- The wire fences around the meadows are electric fences. Mandatory to cross them under the wire (very easy).
- There will be some cows inside the wire fences but it's allowed and not a problem to cross the meadows (few cows in a very wide space).
- Toilets : 9 on the arena. No toilets at the pre-start.
- No bag-drop at the pre-start.
- GPS allowed but please ask your runners not to transmit their route to the internet and social medias before 12.30.

Start procedure:

- Runners will enter pre-start at **H-4**.
- From H-3 > H-2 runners should be aware of not taking too much time (less than 100m with 35m climb). Organisers have been testing it.

LD / Mapping / Special features



A hundred bee hives have been placed on a path originally used by possible route-choices. The courses have been changed to avoid the area, but some of the controls remain located close to it (around 100m). **The path is strictly forbidden.** Runners can't either run onto it, **nor cross it** (*note: wrong IOF symbol used on the map*). **Part of the area closest to the controls will be marked on terrain with red/white stripes** (*but not on the map*) to be sure that the runners slipping from the correct route don't end-up on the trail.

LD / After race

- There will be a punching unit on the finish line.
- Runners are not allowed to go back on competition area after their race.
- Cool down area at the arena and north of the arena (outside the competition area).

Questions and answers

- Schedule : all informations at reception office of both accomodations.
 - > Breakfast and Picknick : 6h – 9h
- Dinner at Lou Capitelle : 19.30 – 20.30 (not possible earlier)